

**BOARD OF COUNTY COMMISSIONERS
HERNANDO COUNTY, FLORIDA**

RESOLUTION 2026 – 058

WHEREAS, food is the substance by which life is sustained; and

WHEREAS, the type, quality and amount of food that individuals consume each day plays a vital role in their overall health and physical fitness; and

WHEREAS, there is a widescale need for continuing nutrition education to enhance healthy eating practices; and

WHEREAS, Registered Dietitian Nutritionists have degrees in nutrition, dietetics, public health, or a related field from well-respected, accredited colleges and universities, have completed an internship, and passed an examination; and

WHEREAS, Registered Dietitian Nutritionists are the food and nutrition experts who can translate the science of nutrition into practical solutions for healthy living, use their nutrition expertise to help individuals make unique positive lifestyles changes, and advocate for advancing the nutritional status of Americans and people around world.

NOW, THEREFORE, BE IT RESOLVED BY THE HERNANDO COUNTY BOARD OF COUNTY COMMISSIONERS AS FOLLOWS:

SECTION 1. The Board of County Commissioners hereby proclaim March 2026 as **NATIONAL NUTRITION MONTH** in Hernando County.

SECTION 2. The Board of County Commissioners encourage all citizens to join the campaign and support **NATIONAL NUTRITION MONTH** by becoming concerned about their nutritional health and the nutrition of others in the hope of achieving optimum health for both today and tomorrow.


ADOPTED in Regular Session this 24th day of March 2026, A.D.

**BOARD OF COUNTY COMMISSIONERS
HERNANDO COUNTY, FLORIDA**

Attest:



Douglas A. Chorvat, Jr.
Clerk of Circuit Court & Comptroller



John Allocco
Commissioner



Brian Hawkins
Commissioner



Jerry Campbell
Chairman



Ryan Amsler
Vice Chairman



Steve Champion
Second Vice Chairman

