

**BOARD OF COUNTY COMMISSIONERS
HERNANDO COUNTY, FLORIDA**

RESOLUTION 2023 –

WHEREAS, MENTAL HEALTH MONTH raises awareness that mental health is part of overall health; and

WHEREAS, continually and during **MENTAL HEALTH MONTH,** Hernando County strongly supports the efforts of national, state, local partners, and citizens to actively engage in public and private efforts related to mental health; and

WHEREAS, mental health helps sustain an individual's thought process, relationships, productivity and ability to adapt to change or face adversity; and

WHEREAS, mental illness adversely affects those abilities and often is life-threatening in nature; and

WHEREAS, one in five adults experience mental illness in any given year and about 25% of chronic mental illness begins by the age of 14 and 75% by age 24; and

WHEREAS, suicide is the 10th leading cause of death in the United States, the second leading cause among young adults, and more than 90% of people who die by suicide had an underlying mental illness; and

WHEREAS, long delays – sometimes decades – often occur between the time mental illness symptoms first appear and when individuals get help; and

WHEREAS, early identification and treatment of mental illness can make a profound difference in successful management and recovery; and

WHEREAS, Hernando County recognizes during **MENTAL HEALTH MONTH** the need to end the silence and stigma that surround mental illness which has discouraged people from getting help.

NOW, THEREFORE, BE IT RESOLVED BY THE HERNANDO COUNTY BOARD OF COUNTY COMMISSIONERS AS FOLLOWS:

SECTION 1. The Board of County Commissioners hereby proclaims May 2023 as **MENTAL HEALTH MONTH** in Hernando County.

SECTION 2. The Board of County Commissioners hereby joins advocates and communities across the country to increase public understanding of the importance of mental health and to encourage identification and treatment of mental illnesses.

ADOPTED in Regular Session this 9th day of May 2023, A.D.

**BOARD OF COUNTY COMMISSIONERS
HERNANDO COUNTY, FLORIDA**

Attest:

Douglas A. Chorvat, Jr.
Clerk of Circuit Court & Comptroller

John Allocco
Chairman

Jerry Campbell
Commissioner

Elizabeth Narverud
Vice Chairman

Brian Hawkins
Commissioner

Steve Champion
Second Vice Chairman