

**BOARD OF COUNTY COMMISSIONERS
HERNANDO COUNTY, FLORIDA**

RESOLUTION 2025-

WHEREAS, more than one in three adults have prediabetes, 11% of the adult population in Florida have been diagnosed with diabetes, and the Hernando County death rate due to diabetes is higher than the state average by 11.4 deaths per 100,000 population according to the most recent 2023 data; with many unaware they have the disease; and

WHEREAS, the Florida Department of Health reports through Florida Charts that Hernando County's diabetes-related hospitalization rate is significantly higher than the state average; and

WHEREAS, diabetes is a leading cause of severe health complications which include heart attack, stroke, kidney failure, blindness, and nerve damage; and

WHEREAS, diabetes is a disease that occurs when blood glucose is too high and insulin, a hormone made by the pancreas that helps balance glucose levels, does not regulate these levels properly; and

WHEREAS, increased public awareness of the risk factors and symptoms of diabetes is vital for early diagnosis, prevention, and effective management of the disease; and

WHEREAS, the observance of **DIABETES AWARENESS MONTH** provides an opportunity to honor those living with diabetes, educate the public on preventative measures, improve compliance with disease management and promote healthier lifestyles; and

WHEREAS, declaring a designated month of awareness strengthens public health initiatives and encourages the community participation in preventative and management efforts.

NOW, THEREFORE, BE IT RESOLVED BY THE HERNANDO COUNTY BOARD OF COUNTY COMMISSIONERS AS FOLLOWS:

SECTION 1. The Board of County Commissioners hereby proclaim November 2025 as **DIABETES AWARENESS MONTH** in Hernando County.

SECTION 2. The Board of County Commissioners hereby encourage all citizens to take an active role in their health by learning about the risks of diabetes, obtain health screens and adopt healthier lifestyles habits.

ADOPTED in Regular Session this 18th day of November 2025, A.D.

**BOARD OF COUNTY COMMISSIONERS
HERNANDO COUNTY, FLORIDA**

Attest:

Douglas A. Chorvat, Jr.
Clerk of Circuit Court & Comptroller

Chairman

Commissioner

Vice Chairman

Commissioner

Second Vice Chairman