

**BOARD OF COUNTY COMMISSIONERS  
HERNANDO COUNTY, FLORIDA**

**RESOLUTION 2026 –**

**WHEREAS**, Men’s Health Month is part of an ongoing international effort to educate men, boys, and their families about the importance of preventative health screening, early detection, and healthy lifestyles; and

**WHEREAS**, Nationwide, men have a life expectancy that is approximately six years shorter than that of women and experience higher rates of chronic disease, including diabetes, obesity, cancer, heart disease, and premature mortality; and

**WHEREAS**, Men’s Health Month provides an opportunity to recognize the mental and physical health needs of men and boys, while encouraging fathers and caregivers to serve as positive role models through preventative care, healthy living, and help-seeking behaviors; and

**WHEREAS**, the growing epidemic of “Deaths of Despair,” including deaths related to suicide, substance use disorders, alcohol misuse, and homelessness, underscores the urgent need to raise awareness of unrecognized and undiagnosed depression, mental stress, and emotional distress among boys and men; and

**WHEREAS**, the centerpiece of Men’s Health Month is **NATIONAL MEN’S HEALTH WEEK**, a special awareness period passed by Congress and signed into law on May 31, 1994, and observed annually through the efforts of Men’s Health Network to build health empathy, recognition, and understanding of the unique health needs facing men and boys.

**NOW, THEREFORE, BE IT RESOLVED BY THE HERNANDO COUNTY BOARD OF COUNTY COMMISSIONERS AS FOLLOWS:**

**SECTION 1.** The Board of County Commissioners hereby proclaim June 15–21, 2026, as **NATIONAL MEN’S HEALTH WEEK** in Hernando County.

**SECTION 2.** The Board of County Commissioners encourages all residents to observe **NATIONAL MEN’S HEALTH WEEK** and help reinforce the importance of prevention and early intervention by improving health-seeking behaviors to expand the lifespan of men.

**ADOPTED** in Regular Session this 9<sup>th</sup> day of June 2026, A.D.

**BOARD OF COUNTY COMMISSIONERS  
HERNANDO COUNTY, FLORIDA**

Attest:

\_\_\_\_\_  
Douglas A. Chorvat, Jr.  
Clerk of Circuit Court & Comptroller

\_\_\_\_\_  
Jerry Campbell  
Chairman

\_\_\_\_\_  
John Allocco  
Commissioner

\_\_\_\_\_  
Ryan Amsler  
Vice Chairman

\_\_\_\_\_  
Brian Hawkins  
Commissioner

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Steve Champion  
Second Vice Chairman